

Code of Practice for First Aid Kits

On January 1, 2021, changes to [Part 5 First Aid](#) of the *Occupational Health and Safety (OHS) Regulations* of the Northwest Territories (NWT) went into effect, and on February 12, 2021, in Nunavut (NU).

Changes were made to align with new Canadian safety standards formed to harmonize first aid practices at work sites across Canada.

What does this mean?

Employers will need to update their first aid kits to meet the requirements of the [amended OHS Regulations](#) and the Canadian Standards Association (CSA) Standard Z1220-17.

Where can you find this information?

The amendment to the *OHS Regulations* can be found on the [WSCC website](#). To help with the transition WSCC also developed **First Aid Kits Code of Practice (COP)**.

What is included in the First Aid Kits COP?

- Minimum kit requirements according to kit classification and number of workers.
- Information about kit containers.
- Guidance with first aid risk assessment.

Is a first aid risk assessment important?

Yes, guidelines on first aid risk assessment in the [First Aid Kits Code of Practice](#) will help employers select:

- Quantity and type of first aid kits.
- Quantity and level of training of first aid attendants needed at the work site.

What's involved in first aid risk assessment?

There are three types of first aid kits: personal, basic, and intermediate. These are further divided into categories: small, medium, and large.

You can select what is needed for your business, according to the schedules in the *OHS Regulations* or COP, when you know a work site's level of risk.

Risk = likelihood/severity of injury or illness

1. **Low** – low likelihood of harm or severity
2. **Moderate** – harms have moderate impact
3. **High** – great severity of harm if it occurs

What are some of the other changes?

- Changes to definitions.
- Improvements of the classification system.
- Minor changes to the content of first aid kits.

How long do we have?

A one year transition period; up to January 1, 2022, for NWT and February 12, 2022, for NU, allows time for suppliers and employers to use and update their first aid kits.

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Relevant Legislation

[NWT & NU OHS Amendments to First Aid](#)

CSA Z1220-17 First Aid Kits for the Workplace

CSA Z1210-17 First Aid Training for the Workplace: Curriculum and Quality Management for Training Agencies

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